THE FREQUENCY OF PARTAKING OF THE LORD'S SUPPER Marc Gibson

This time of year, we are reminded that many in the religious world believe that they need only partake of the Lord's Supper once, or maybe twice, a year. We are not speaking of those who only attend services once or twice a year, but churches that serve it only on certain "holidays" (like Easter). The Bible fact remains that Christians gathered together on the *first day of the week* to "break bread" (Acts 20:7). This refers to partaking of the Lord's Supper (see 1 Cor. 10:16). No particular "first day of the week" was designated because it was a weekly practice (every week has a "first day"). There is no Bible authority to set aside only one, two, or four Sundays a year to observe the Lord's Supper. Again, we must ask – Are we willing to follow the divine pattern found in the Scriptures and partake of the Lord's Supper each first day of the week, or shall we do whatever we want to do whenever we want to do it? The answer is critical to our eternal salvation.